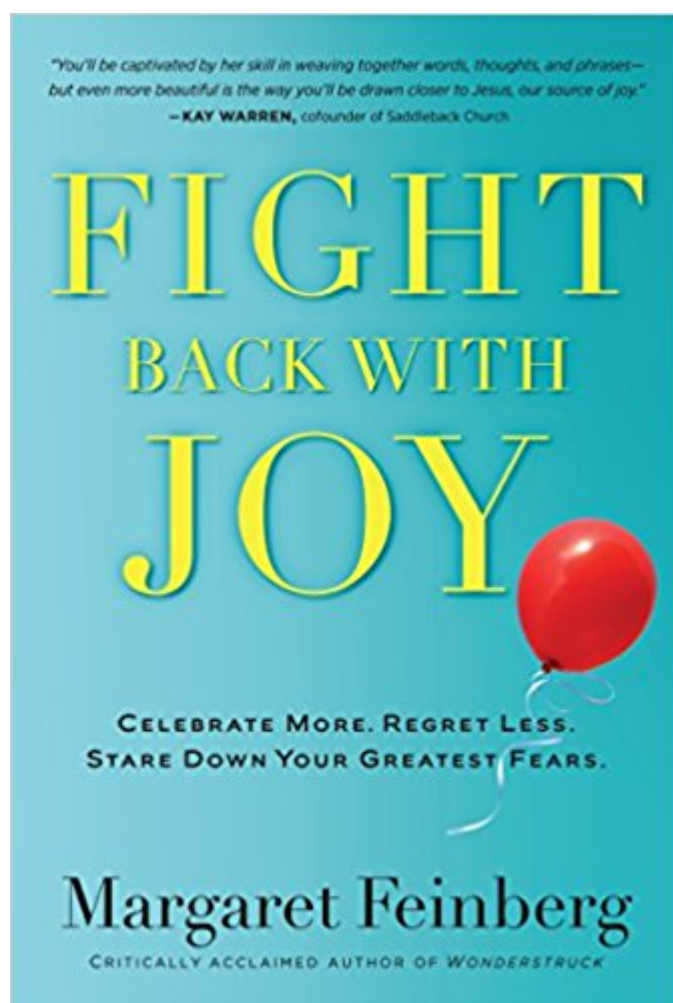


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# Fight Back With Joy: Celebrate More. Regret Less. Stare Down Your Greatest Fears.



## Synopsis

When Margaret Feinberg learned she had cancer, she knew she would need great strength to overcome it. She believed the weapon she selected for the battle would change everything. And she decided that weapon would be joy. *Joy Is More Than Whimsy. It's the Weapon You Can Use to Fight Life's Greatest Battles.* Through months of treatment, questions, and hopes, Margaret discovered that joy is a far more dynamic force than most of us realize. It has the power to reignite our passion for laughter and celebration. It can free us to rise above endless demands as we become more content and thankful. It can change unchangeable circumstances and bring a peace rooted in the remarkable love of God. Here Margaret shares her journey of using joy to fight back fear, regret, and pain. Whatever you face today, discover with Margaret how to embrace a way of living that's deeper and fuller than you've ever known—a life radiant with joy.

## Book Information

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## Customer Reviews

"You'll be captivated by her skill in weaving together words, thoughts, and phrases-but even more beautiful is the way you'll be drawn closer to Jesus, our source of joy." -Kay Warren, co-founder of Saddleback Church and author of *Choose Joy*"God reveals Himself mightily through prayer as well as through trying times. Each page of this book abounds with surprise and delight as well as inspiring strategies for overcoming the everyday battles of life. *Fight Back With Joy* is a gift-one you can't afford to miss." -Mark Batterson, New York Times best-selling author of *The Circle*

Maker" When you feel stuck in the rut of discouragement, there's no greater gift than rediscovering joy. With profound insight and poignant grace, Margaret Feinberg takes you on a journey toward joy that will reawaken your heart to the glee that comes with knowing God. You can't read this book and stay the same." -Pete Wilson, senior pastor of Cross Point Church in Nashville, TN" Margaret Feinberg's courage, candor, and tender vulnerability are transforming. Her raw struggles touched deep places in my life and will in yours too. Fight Back With Joy will deepen your compassion, bring healing, and fortify your holy resolve to follow God through anything. This is a message the church needs to hear today." -Jennie Allen, founder of If:Gathering and author of Restless" Margaret Feinberg is a strong voice of hope for us all. She is the real deal!" --Karen Kingsbury, New York Times best-selling author

This cherished virtue has been wrapped in clichés, stamped on coffee mugs, sewn onto decorative pillows – and even displayed on dish soap. Fight With Joy reveals the hidden spectrum of joy rarely explored. Through vulnerable storytelling and a difficult diagnosis, Margaret Feinberg shows joy is better than you imagined. What water is to parched lips, joy is to the spirit. Feinberg will help you lay hold of a joy that's deeper and fuller than you've ever known before. Fight With Joy will awaken an abiding sense of God's fierce love for you; reignite your imagination for laughter and celebration; magnify the opportunities for joy you have today; and provide the strength you need for whatever crisis you're facing.

"Fight Back with Joy: Celebrate More, Regret Less. Stare Down Your Greatest Fears" by Margaret Feinberg is a book that stays with you. It finishes with "Bonus Tracks" – "5 Things to Say When You Don't Know What to Say," applicable not only to a cancer patient but also to any serious situation; "8 Things Those Facing Crisis Can't Tell You (But Wish They Could);" "6 Lessons I Learned from Crisis;" "A Letter from Leif," Feinberg's husband and chief caregiver; and a playlist of music to accompany each chapter. Each of the tracks (well, perhaps not the playlist) could have been books. Instead, they're short, succinct summaries, wisdom learned the very hardest way – the wisdom that comes from living an experience that at many points could have ended in death. It was the bonus tracks, in fact, that punched home something I knew from the beginning of the book but which I don't think I acknowledged. Books are objects,

yes, objects you hold in your hands or view on an e-reader like Kindle. You enjoy them or you don't; you learn from them or you don't. Good books become part of you; the best books change your life. "Fight Back with Joy" is a giving book. Feinberg gives away a good part of herself in this book. One of the lessons she learned from her fight with breast cancer is that serious illness changes you. She may have been a giving person before it; she is a different giving person after it, a person who gives with God's sense of giving. It is a generous book. That's not a redundant statement. Feinberg is lavish with her giving in this book. Little is excluded. If you want to know what experimental chemotherapy is like, or what to expect when you first look in the mirror after a double mastectomy, you will find it here. Or what you experience when your hair falls out in clumps. You want to know how difficult a cancer fight is for the primary caregiver, you will find that, too. It is an honest book. Feinberg gets angry. She gets angry with God, with friends who don't know what to say so they stop coming around, with her family, and with herself. There were days and times when she wanted to curl up in a ball and die. It is a courageous book. Even being on the other side of the cancer experience, and having survived the cancer, its treatment, and related surgeries, it is clear that Feinberg never quit, although there were times when she wanted to. She fought, she fought with everything she had, everything her husband had, what friends and family had. She fought, too, with what God had, and what He had from the beginning was no guarantee she would survive. She fought with faith. "Fight Back with Joy" is a profoundly human book. Feinberg made a choice early on in dealing with the disease. She would fight with joy. There were days when there was no joy left, and yet it was still there. One of those days, when she found despair, led her to give away red balloons to fellow cancer patients and their families. She discovered the joy again, enough to continue the fight. And it is often the joy of a child, an adult who learns the joy of being a child of God. This is a book for those who suffer a serious illness, and those who don't. This is a book for caregivers to learn what to expect, and for those who are never called upon to be caregivers. This is a book for women and for men. It is about shock, and fear, and joy, and depression, and despair, and faith, and giving in, and fighting on when there's little left to fight with. This is a book that will change you.

From:

<http://belleslibraryshelf.blogspot.com/2015/01/blog-tour-fight-back-with-joy-by.html> Review: This book wasn't an easy read. It wasn't the kind of book that I could quickly speed through, as is my favorite types of reads. It was a harrowing journey of a woman descending into her life's darkest depths, and

that shouldn't be an easy read. Margaret begins her year like any other. She decides not to do traditional yearly resolutions, instead picking a word to meditate on for the year. The year that God brings to her is "joy." Little does she know that in a few short months she'll be challenged with such an incredible depth of that often ambiguous Christian-ese. The book is written well as different chapters acting as different aspects of joy that Margaret learned during her battle with breast cancer. She sets up each point with a personal story from her life as well as that of a biblical character exhibiting this aspect of joy. This is a touching, intimate look of a dehumanizing sickness faced by people each and every day. I appreciated the gripping look into its difficulty and feel like I have a better compassion for others going through such trials. Application: The main points about joy are written in bold or italics, so it is easy for the reader to "get" and chew on later. One of the aspects that I found most useful was the additional resources at the end of the book. There were useful tips for what not to say for someone who is going through such a crisis, and ways to help. Margaret understands that more Christians want to help, but often say the wrong things despite genuine intentions. Favorite quotes: More than whimsy, joy is a weapon we use to fight life's battles (12). Practicing defiant joy is the declaration that the darkness does not and will not win (25). Making medical decisions was like being led to a table and forced to select the revolver, the chainsaw, the meat cleaver, or the bow and arrow--not which one, but which order (90). Joy is an action, something we can do, regardless of what our emotions may reveal (114). Overall book rating: I would recommend this book for anyone. I think it would be important for Christians to grow their resilience before the test, as the Bible has promised that we will have trouble in this life. Margaret helps us to endure and thrive our trials by pushing into God and others around us.

I have this book on audio with the author reading it. It is so good! I love her voice, it's like she is sitting down with me enjoying a conversation with me. Her experiences in life have led her to an understanding of God's great love for her through tough times. You laugh with her and you cry with her! You learn how to experience joy from her and to apply God's Word into your heart. Great book!

The book is well written and it tells the story of Margaret's struggle with Cancer and how she fought back by choosing Joy. She shares her struggle honestly and doesn't sugar coat what she went through. Gave me a whole different perspective on chemo, cancer, and its challenges... the good the bad and the ugly. I must admit the book was not what I expected. Thought it would be more of a how to "Fight Back with Joy". I did pick up a tip or two on how to use Joy in my life amidst her story. Even though it was not quite what I expected it is an excellent book and worth the read; especially if you

want to understand the challenges a friend or loved one may be going through with their diagnosis of Cancer.

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Fight Back With Joy: Celebrate More. Regret Less. Stare Down Your Greatest Fears. Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Down to Earth: The Hopes & Fears of All the Years Are Met in Thee Tonight (Down to Earth Advent series) Splashes Of Joy In The Cesspools Of Life [1992 PAPERBACK] Barbara Johnson (Author) Splashes Of Joy In The Cesspools Of Life [1992 Paperback] Barbara Johnson (Author) Splashes Of Joy In The Cesspools Of Life RVing: Less Hassle - More Joy: Secrets of Having More Fun with Your RV - Even on a Limited Budget Living with Less: Discover the Joy of Less and Simplify Your Life 13 Things Mentally Strong People Don't Do Low Price CD: Take Back Your Power, Embrace Change, Face Your Fears, and Train Your Brain for Happiness and Success 13 Things Mentally Strong People Don't Do: Take Back Your Power, Embrace Change, Face Your Fears, and Train Your Brain for Happiness and Success The Joy of Home Distilling: The Ultimate Guide to Making Your Own Vodka, Whiskey, Rum, Brandy, Moonshine, and More (The Joy of Series) Get Your Ex BACK in 30 Days or Less! The Complete Step By Step Plan to Get Your Ex Back for Good It's OK to Stare This Is Just My Face: Try Not to Stare Wrestling with Ramos: Behind the Stare The Men Who Stare at Goats 1000 Yard Stare: A Marine's Eye View of the Vietnam War Conquer Your Fears and Phobias for Teens: How to Build Courage and Stop Fear from Holding You Back The Circle Maker: Praying Circles Around Your Biggest Dreams and Greatest Fears The Joy of Smoking and Salt Curing: The Complete Guide to Smoking and Curing Meat, Fish, Game, and More (The Joy of Series) The Complete Guide to Triathlon Swimming And Training: Discover How To Quickly And Easily Swim Faster And More Efficiently, Overcome Your Fears, And Have Your Best Triathlon Yet Down, Down, Down: A Journey to the Bottom of the Sea

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